

Stain Removal Cheat Sheet for Parents

■ Food Stains (Tomato, Berries, Chocolate)

- Rinse immediately with cold water to lift fresh pigments.
- Apply dish soap or liquid detergent and let sit 10–15 minutes.
- Add white vinegar for berry stains before washing.

■ Grass Stains

- Use a baking soda paste and let sit for 15 minutes.
- Scrub gently with a toothbrush and rinse.
- Treat stubborn stains with rubbing alcohol.

■■ Mud & Dirt

- Let the mud dry completely before brushing it off.
- Soak in warm water mixed with detergent for 30 minutes.

■ Crayon, Marker & Paint

- Use a hairdryer to melt crayon wax and blot gently.
- Remove permanent marker with rubbing alcohol.
- Wash water-based paint with cold water and soap.

■ Baby Messes (Milk, Formula, Poop)

- Rinse in cold water first to prevent protein stains from setting.

- Use enzyme-based detergent for deeper cleaning.
- Sun-dry to naturally bleach and lighten the stain.

■ Oil & Grease

- Sprinkle baking soda or cornstarch to absorb oils.
- Apply dish soap directly, rinse, and wash normally.

♥■ Blood

- Always use cold water to prevent stain setting.
- Apply hydrogen peroxide (test on colors first).
- Wash with enzyme detergent.

■■ Ink & Pen Marks

- Use rubbing alcohol, dabbing from the edges inward.
- Rinse thoroughly and wash right away.